

Rugby High School Track & Field Results

VELVA INVITATIONAL

Velva, ND – Saturday, May 8, 2010

100 Meter Dash

Rachel Hoffert - 13.68 - 4th place
Emily Paul - 13.96 - 6th place
Alicia Leier - 15.51

200 Meter Dash

Cassandra Jaeger - 29.79
Alicia Leier - 31.56

400 Meter Dash

Shanaya Fred - 1:05.09 - 4th place
Cassandra Jaeger - 1:06.74 - 7th place
Alicia Leier - 1:11.58

800 Meter Run

Sydney Kraft - 2:24.56 - 1st place - **SQ**
Paxton Klein - 3:04.56
Camille Klein - 3:12.11

1600 Meter Run

Paxton Klein - 6:41.28
Camille Klein - 6:45.21

3200 Meter Run

Chelsea Halvorson - 13:50.40 - 3rd place
Taylor Stone - 14:07.50 - 6th place
Alexis Thompson - 14:12.96 - 7th place

100 Meter Hurdles

300 Meter Hurdles

Emily Stier - 51.13 - 5th place
Bailey Nelson - 55.88
Jessica Blessum - 55.91

Shot Put

Molly Koenig - 35'3½" - 1st place
Kelsey Mongeon - 31'4" - 3rd place
Michelle Lemar - 30'6" - 4th place
Caley Nelson - 20'4½"
Allison Leer - 19'5¾"
Brittany Kleespie - 19'5"

Discus

Molly Koenig - 82'1" - 7th place
Michelle Lemar - 73'10"
Kelsey Mongeon - 72'4"
Paige Haman - 70'0"
Allison Leer - 58'0"
Caley Nelson - 56'10"
Brittany Kleespie - 54'9"

Javelin

Paige Haman - 103'8" - 4th place
Molly Koenig - 99'2" - 7th place
Taylor Stone - 96'3" - 8th place
Michelle Lemar - 81'0"
Allison Leer - 51'5"

Long Jump

Stephanie Friestad - 14'11" - 1st place
Josie Klein - 14'3" - 4th place
Courtney Putnam - 14'½" - 6th place
Alexis Thompson - 12'½"
Caley Nelson - 11'2"

Triple Jump

Stephanie Friestad - 33'4½" - 2nd place
Courtney Putnam - 31'3½" - 4th place
Josie Klein - 29'8½" - 7th place

High Jump

Courtney Putnam - 4'1" - 5th place
Josie Klein - No Height
Jessica Blessum - No Height

Pole Vault

Rachel Hoffert - 7'0" - 4th place
Stephanie Friestad - 6'0" - 7th place tie
Jessica Blessum - 5'6"

4 x 100 Meter Relay

Cassandra Jaeger(14.34), Stephanie Friestad(14.63)
Bailey Nelson(13.78), Shanaya Fred(13.41)
56.15 - 5th place

4 x 200 Meter Relay

Emily Stier(29.24), Rachel Hoffert(26.95)
Emily Paul(27.38), Shanaya Fred(28.63)
1:52.40 - 3rd place

4 x 400 Meter Relay

Rachel Hoffert(1:04.68), Emily Paul(1:04.48)
Emily Stier(1:04.08), Sydney Kraft(1:04.87)
4:18.12 - 2nd place

4 x 800 Meter Relay

Alexis Thompson(2:47.39), Chelsea Halvorson(2:43.87)
Mariya Bernhardt(2:53.62), Taylor Stone(2:40.75)
11:05.87 - 4th place

GIRLS TEAM SCORES

1. Velva/Drake/Anamoose - 146
2. Rugby - 136
3. Watford City - 82
4. Surrey - 80
5. Bottineau - 63
6. Glenburn/Westhope/Newburg - 58
7. Mohall-Lansford-Sherwood - 40
8. Minot Bishop Ryan - 36
9. Parshall - 31
10. Des Lacs-Burlington - 20
11. Divide County - 17
12. Kenmare-Bowbells - 11
13. Stanley/Powers Lake - 6

SQ - State Qualifier
SR - School Record
MR - Meet Record