

## **CNDC - Girls**

### **300 Hurdles**

1. Crystal Hovland--Rugby--47.84 (SQ)
2. Whitney Boehm--VDA--48.88
3. Kara Fike--NRS/WC--49.58
4. Emily Stier--Rugby--51.76
5. Katelynn Engh--BC--52.28
6. Breanne Sherlock--VDA--53.41
7. Chessa Baumgardner--VDA--53.71
8. Kylie Engebretson--VDA--56.3

### **100 Dash**

1. Sharisa Yri--BC--13.16
2. Buttary Berndt--VDA--13.65
3. Jaclyn Bachmeier--Harvey--13.72
4. Amber Volant--NL--13.89
5. Crystal Hovland--Rugby--13.94
6. Emily Paul--Rugby--13.95
7. Brandy Schimelfeng--NRS/WC--14.06
8. Haley Heiser--VDA--14.44

### **1600 Run**

1. Alyssa Anderson--BC--5:16.61 (SQ)
2. Kara Kuntz--VDA--5:31.25 (SQ)
3. Laura Liew--NRS/WC--5:34 (SQ)
4. Katelynn Engh--BC--5:39.33
5. Mariya Bernhardt--Rugby--6:24.2
6. Lauren Pederson--NL--6:33.05
7. Paxton Klein--Rugby--6:48.14
8. Cortney Stewart--Rugby--7:22.17

### **400 Dash**

1. July Erfle--NRS/WC--1:03.34
2. Whitney Boehm--VDA--1:03.59
3. Robyn Essler--Gar/Max--1:03.86
4. Shanaya Fred--Rugby--1:05.07
5. Shelby Brandvold--BC--1:05.37
6. Sarah Widler--VDA--1:06.28
7. McKalla Matteson--Gar/Max--1:06.68
8. Natalie Eslinger--CM--1:07.61

### **800 Run**

1. Tasha Heisler--VDA--2:28.14
2. Kortney Roscoe--NRS/WC--2:36.74
3. Sara Schuanke--BC--2:36.93
4. Rachel Handeland--VDA--2:45.48

### **3200 Relay**

1. Benson County--10:14.98 (SQ)
2. Rugby--10:28.12
3. NRS/WC--10:38.55
4. VDA--10:49.31
5. NL--11:55.56

### **800 Relay**

1. Rugby--1:51.84
2. VDA--1:57.80
3. CM--1:59.60
4. Gar/Max--2:00.50
5. BC--2:03.07
6. NL--2:03.65

### **400 Relay**

1. NRS/WC--52.79 (SQ)
2. Rugby--53.59
3. VDA--54.73
4. CM--57.41
5. Gar/Max--57.6
6. BC--57.86
7. NL--1:00.03

### **100 Hurdles**

1. Crystal Hovland--Rugby--16.97
2. Kylie Engebretson--VDA--17.44
3. Kara Fike--NRS/WC--18.41
4. Chessa Baumgardner--VDA--18.70
5. Aubrey Hovland--Rugby--19.39
6. Katelynn Engh--BC--19.95
7. Kaylie Johnson--NL--20.51
8. Erin Yri--BC--23.11

### **200 Dash**

1. Sharisa Yri--BC--27.05
2. Jaclyn Bachmeier--Harvey--27.42
3. Brittany Berndt--VDA--27.59
4. Sam Maxwell--NRS/WC--27.79

5. Katie Rice--BC--2:45.54
6. Chelsea Halvorson--Rugby--2:46.77
7. Taylor Stone--Rugby--2:47.65
8. Courtney Stewart--Rugby--3:24.52

### **3200 Run**

1. Alyssa Anderson--BC--11:21.84 (SQ)
2. Sydney Kraft--Rugby--11:52.17 (SQ)
3. Erin Leier--BC--12:01.45 (SQ)
4. Cassidy Peterson--VDA--13:13.09
5. Hannah Christenson--Rugby--13:40.89
6. Paxton Klein--Rugby--15:09.61

### **Shot Put**

1. Molly Koeing--Rugby--35'11" (SQ)
2. Sam Maxwell--NRS/WC--34'7"
3. Jessica Menland--Harvey--31'10"
4. Abigail Marttwich--CM--31'5.5"
5. Courtney Holdden--BC--31'2"
6. Kelsy Mongera--Rugby--30'5.5"
7. Jaylen Newman--VDA--29'10"
8. Naomi Cobb--Rugby--29'5"

### **High Jump**

1. Aubrey Hovland--Rugby--4'11"
2. Jordyn Sondrol--CM--4'9"
3. Rachel Hanson--CM--4'7"
4. Courtney Putman--Rugby--4'1"

### **Pole Vault**

1. Steph Friestad--Rugby--7'6"
2. Taylor Bradevold--VDA--7'0"
3. Taryn Jacob--NRS/WC--6'6"
4. Cassidy Weber--NRS/WC--5'6"

### **Triple Jump**

1. Sharisa Yri--BC--36'1" (SQ)

5. Rachel Hoffert--Rugby--27.85
6. Brandi Schimelfenig--NRS/WC--28.19
7. Natalie Eslinger--CM--28.33
8. Shanaya Fred--Rugby--28.69

### **1600 Relay**

1. VDA--4:12.31 (SQ)
2. Rugby--4:12.84 (SQ)
3. NRS/WC--4:18.18
4. Benson County--4:36.10
5. Northern Lights--4:48.91

### **Javelin**

1. Aubrey Volurti--NL--121'6.5" (SQ)
2. Paige Haman--Rugby--107'1"
3. Kaya Enger--VDA--106'11"
4. Taylor Baidevold--VDA--101'5.5"
5. Molly Koenig--Rugby--101'5"
6. Katie Demester--NRS/WC--92'11"
7. Taylor Stone--Rugby--92'11"
8. Chessa Baumgardner--VDA--87'7"

### **Discus**

1. Cartney Hestdalen--BC--110'
2. Kelsey Mongeon--Rugby--96'5"
3. Abigail Mortwick--CM--91'11"
4. Katelyn Sandy--VDA--91'9"
5. Jaylen Neumiller--VDA--84'6"
6. Kassi Knutson--Gar/Max--82'11"
7. Emily Fritel--Rugby--79'1"
8. Naomi Cobb--Rugby--78'8"

### **Long Jump**

1. Sharisa Yri--BC--17'10" (SQ)
2. Brittany Berndt--VDA--16'9.5" (SQ)
3. Stephanie Friestad--Rugby--16'1"
4. Jaclyn Bachmeier--Harvey--15'1.75
5. Courtney Putman--Rugby--14'11"
6. Chessa Baumgardner--VDA--14'8.5"
7. Josie Klein--Rugby--14'7.75"
8. Terri Walz--VDA--13'8.75"

### **Team Totals**

1. Rugby--193

2. Brittany Berndt--VDA--34'4.5" (SQ)
3. Jordyn Sondrol--CM--32'
4. Courtney Putnam--Rugby--32'0"
5. Josie Klein--Rugby--31'6.25"
6. Haley Heiser--VDA--30'5.5"
7. Breana Buehler--BC--30'2.75"
8. Terri Walz--VDA--29'.25"

2. VDA--162
3. Benson County--131
4. NRS/WC--90
5. Central McClean--45
6. Northern Lights--33
7. Harvey--25
8. Garrison/Max--20