

Rugby High School Girls Track & Field Results

RUGBY LIONS INVITATIONAL

Rugby, ND – Friday, April 23, 2004

100 Meter Dash

Valerie Moller – 13.60
Tallie Stebner – 14.05
Morgan Gronvold – 14.35
Tina Childress – 14.38
Jessica Friestad – 14.40
Courtney Weiss – 14.81
Nicole Fritel – 14.90
Kristen Laib – 15.44

200 Meter Dash

Jessica Tuhscherer- 26.25 – 3rd place – **State Qualifier**
Tina Childress – 28.94
Courtney Jorgenson – 30.93
Courtney Weiss – 31.00
Nicole Fritel – 32.52
Kristen Laib – 34.08

400 Meter Dash

Jessica Tuhscherer – 1:01.24 – 2nd place – **State Qualifier**
Morgan Gronvold – 1:07.06 – 8th place
Sarah Skipper – 1:07.19
Tina Childress – 1:09.34
Kristen Laib – 1:19.81

800 Meter Run

Kelsey McAtee – 2:34.00 – 5th place
Jena Suchor – 3:11.56

1600 Meter Run

Kirsten Welk – 6:10.61
Danielle Wangler – 6:13.22
Jena Suchor – 7:06.60
Jaime Schiff – 7:36.02

3200 Meter Run

Kellie Pieterick – 13:17.46 – 5th place
Kirsten Welk – 13:40.65 – 7th place
Danielle Wangler – 14:30.84 – 8th place
Jaime Schiff – 16:25.39

100 Meter Hurdles

Courtney Jorgenson – 19.96

300 Meter Hurdles

Jessica Tuhscherer – 46.97 – 2nd place – **State Qualifier**
Courtney Jorgenson – 57.81

Shot Put

Leah Wentz – 36'9½" – 4th place – **State Qualifier**
Jana Gronvold – 25'7½"
Rachael Schneibel – 23'8"
Sarah Halls – 17'8½"
Stephanie Skwiera – 15'5½"

Discus

Leah Wentz – 105'5" – 5th place
Amanda Heilman – 79'3"
Rachael Schneibel – 70'0"
Sarah Halls – 57'0"
Stephanie Skwiera – 53'7"

Javelin

Leah Wentz – 91'4" – 7th place

Javelin (continued)

Jana Gronvold – 81'1"
Amanda Heilman – 79'5"
Kristi Black – 76'8"
Leah Lehman – 67'5"
Sarah Halls – 59'9"
Stephanie Skwiera – 29'8"

Long Jump

Jessica Friestad – 16'8" – 2nd place – **State Qualifier**
Vanessa Friestad – 14'7"
Leah Lehman – 14'1½"
Nicole Fritel – 12'11¾"
Courtney Weiss – 12'10½"
Heidi Bird – 12'4¼"

Triple Jump

Vanessa Friestad – 33'10" – 1st place – **State Qualifier**
Jessica Friestad – 32'4" – 4th place

High Jump

Leah Lehman – 4'7" – 2nd place
Vanessa Friestad – 4'3" – 7th place tie

Pole Vault

Jana Gronvold – 7'6" – 4th place tie
Kellie Pieterick – 7'0"

400 Meter Relay

Tallie Stebner(13.67), Morgan Gronvold(14.16)
Valerie Moller(13.85), Shannon Swanson(11.07)
52.78 – 1st place – **State Qualifier**

800 Meter Relay

Tallie Stebner(30.14), Morgan Gronvold(26.91)
Valerie Moller(27.01), Shannon Swanson(26.53)
1:50.63 – 1st place – **State Qualifier**

1600 Meter Relay

Valerie Moller(1:03.01), Kelsey McAtee(1:08.02)
Sarah Skipper(1:05.97), Jessica Tuhscherer(1:05.64)
4:22.83 – 2nd place

3200 Meter Relay

Sarah Skipper(2:41.04), Kelsey McAtee(2:37.54)
Kirsten Welk(2:42.39), Kellie Pieterick(2:39.66)
10:40.59 – 3rd place

TEAM SCORES

1. Carrington – 124½
2. Rugby – 116
3. Bottineau – 87
4. Velva/Sawyer/Drake – 72
5. Devils Lake – 65
6. Benson County – 42½
7. Des Lacs-Burlington/Berthold – 42
8. Harvey – 37
9. Washburn – 34½
10. Wells County – 31
11. Towner/Granville/Upham – 26
12. Four Winds – 21
13. Northern Lights – 18
14. Anamoose – 8½
15. Glenburn – 5
16. New Rockford/Sheyenne – 3
17. Rolette/Wolford – 2