

# Rugby High School Girls Track & Field Results

## RUGBY EAGLES INVITATIONAL

### Rugby, ND – Tuesday, May 4, 2004

#### 100 Meter Dash

Tallie Stebner – 13.43 - 6<sup>th</sup> place  
Jessica Friestad – 14.30  
Vanessa Friestad – 14.32  
Marne Johnson - 14.87  
Courtney Weiss - 14.93  
Nicole Fritel – 15.11  
Kristen Laib – 16.05

#### 200 Meter Dash

Valerie Moller - 26.96 - 4<sup>th</sup> place  
Tallie Stebner - 28.04  
Morgan Gronvold - 28.40  
Courtney Jorgenson – 29.54  
Courtney Weiss – 30.53  
Nicole Fritel – 31.60  
Kristen Laib – 33.05

#### 400 Meter Dash

Valerie Moller – 1:00.98 – 1<sup>st</sup> place  
**State Qualifier**  
Sarah Skipper – 1:01.98 - 4<sup>th</sup> place  
Shannon Swanson - 1:04.96  
Morgan Gronvold – 1:06.40  
Marne Johnson – 1:09.60  
Kristen Laib – 1:25.27

#### 800 Meter Run

Kelsey McAtee – 2:32.68 – 6<sup>th</sup> place  
Kirsten Welk - 2:36.77  
Kristi Black - 2:45.76  
Ashley Salwey – 2:48.67

#### 1600 Meter Run

Danielle Wangler – 6:18.00  
Jena Suchor – 6:53.25  
Nicole Hager – 6:59.30

#### 3200 Meter Run

Sarah Skipper - 13:12.43 - 8<sup>th</sup> place  
Kellie Pieterick – 13:15.62  
Danielle Wangler – 14:01.00  
Nicole Hager – 16:00.21

#### 100 Meter Hurdles

Stephanie Leer - 17.76 - 7<sup>th</sup> place  
Courtney Jorgenson – 19.18  
Ashley Salwey - 19.68  
Kristi Black - 19.88

#### 300 Meter Hurdles

Stephanie Leer – 54.49  
Courtney Jorgenson – 57.09

#### Shot Put

Leah Wentz – 36'5" - 4<sup>th</sup> place  
**State Qualifier**  
Amanda Heilman - 29'7"  
Kristen Knain - 26'8"  
Rachael Schneibel – 26'2"  
Sarah Halls – No Mark  
Stephanie Skwiera – No Mark

#### Discus

Leah Wentz – 110'9" – 4<sup>th</sup> place  
Amanda Heilman – 88'5"  
Kristen Knain - 81'0"  
Rachael Schneibel – 76'2"  
Sarah Halls – No Mark  
Stephanie Skwiera – No Mark

#### Javelin

Leah Wentz – 96'9" – 8<sup>th</sup> place  
Jana Gronvold – 88'3"  
Kristi Black – 77'1"  
Sarah Halls – No Mark  
Kaycee Grochow – No Mark

#### Long Jump

Jessica Friestad – 16'8 $\frac{1}{4}$ " – 1<sup>st</sup> place  
**State Qualifier**  
Vanessa Friestad – 15'7 $\frac{3}{4}$ " - 6<sup>th</sup> place  
Leah Lehman – 14'9" - 8<sup>th</sup> place  
Heidi Bird – 13'3 $\frac{3}{4}$ "  
Nicole Fritel – 12'8 $\frac{1}{2}$ "  
Courtney Weiss – 11'7 $\frac{1}{2}$ "

#### Triple Jump

Vanessa Friestad – 33'10 $\frac{3}{4}$ " – 3<sup>rd</sup> place  
**State Qualifier**  
Jessica Friestad – 33'3 $\frac{1}{4}$ " – 6<sup>th</sup> place  
Stephanie Leer - 30'5 $\frac{1}{2}$ "  
Leah Lehman - 27'8 $\frac{3}{4}$ "

#### High Jump

Stephanie Leer - 4'9" - 2<sup>nd</sup> place 3 way tie  
Leah Lehman – 4'7" – 7<sup>th</sup> place tie  
Vanessa Friestad – 4'5"  
Heidi Bird - 4'5"

#### Pole Vault

Jana Gronvold – 8'6" – 3<sup>rd</sup> place  
Kellie Pieterick – 6'6"

#### 400 Meter Relay

Tallie Stebner(14.36)  
Morgan Gronvold(11.87)  
Valerie Moller(13.13)  
Shannon Swanson(12.87)  
52.23 – 3<sup>rd</sup> place – **State Qualifier**

#### 800 Meter Relay

Tallie Stebner(28.79)  
Morgan Gronvold(27.90)  
Valerie Moller(26.74)  
Shannon Swanson(26.10)  
1:49.58 – 3<sup>rd</sup> place – **State Qualifier**

#### 1600 Meter Relay

Kelsey McAtee(1:06.19)  
Kirsten Welk(1:08.86)  
Leah Lehman(DNF)  
Courtney Jorgenson()  
No Time - DNF

#### 3200 Meter Relay

Kelsey McAtee(2:28.27)  
Sarah Skipper(2:29.61)  
Kirsten Welk(2:34.73)  
Kellie Pieterick(2:35.35)  
10:07.96 – 3<sup>rd</sup> place - **State Qualifier**

#### TEAM SCORES

1. Langdon - 114 1/3
2. Rugby - 94 5/6
3. Velva/Sawyer/Drake - 93
4. Bottineau - 83
5. Harvey - 62
6. Devils Lake - 54 1/3
7. Minot Ryan - 31 1/2
8. Wells County - 31
9. Towner/Granville/Upham - 30
10. Benson County - 28
11. Des Lacs-Burlington/Berthold - 25
12. Underwood/Turtle Lake-Mercer - 19
13. Turtle Mountain Community HS - 18
14. Garrison-Max - 16
15. Four Winds - 14
16. Surrey - 11
17. Mohall/Sherwood - 7
18. Rolette/Wolford - 3
19. Glenburn - 2
19. New Rockford/Sheyenne - 2
19. Northern Lights - 2