

**NORTH DAKOTA CLASS "B" REGION VI  
GIRLS MEET RECORDS**

| <u>EVENT</u>                           | <u>HOLDER</u>           | <u>SCHOOL</u>              | <u>RECORD</u> | <u>YEAR</u> |
|--|-------------------------|----------------------------|---------------|-------------|
| 100 METER DASH.....                    | Amanda Bergstad.....    | Velva.....                 | 12.2.....     | 1993        |
| 200 METER DASH.....                    | Stephanie Vangsnes..... | Rugby.....                 | 25.8.....     | 1998        |
| 400 METER DASH.....                    | Stephanie Vangsnes..... | Rugby.....                 | 58.6.....     | 1998        |
| 800 METER RUN.....                     | Rachelle Duerre.....    | Mohall/Sherwood.....       | 2:20.9.....   | 2003        |
| 1600 METER RUN.....                    | Rachelle Duerre.....    | Mohall/Sherwood.....       | 5:21.7.....   | 2003        |
| 3200 METER RUN.....                    | Tiffany Legg.....       | Velva.....                 | 12:00.6.....  | 1987        |
| 100 METER HURDLES.....                 | Andrea Albertson.....   | Minot Ryan.....            | 14.9.....     | 1998, 1999  |
| 300 METER HURDLES.....                 | Tawnya Gefroh.....      | Velva.....                 | 46.5.....     | 1988        |
| SHOT PUT.....                          | Brittany Brandt.....    | Bottineau/Willow City..... | 42'1".....    | 1999        |
| DISCUS.....                            | Donelle Carter.....     | Garrison-Max.....          | 139'8".....   | 1995        |
| JAVELIN (Rubber Tipped-New Rules)..... | Lisa Overbo.....        | Rugby.....                 | 111'0".....   | 2002        |
| HIGH JUMP.....                         | Dana Feland.....        | Sherwood.....              | 5'6".....     | 1987        |
| LONG JUMP.....                         | Steph Nitsch.....       | Minot Ryan.....            | 17'3½".....   | 1994        |
|  | Tara Grove.....         | Rugby.....                 |               | 1998        |
| TRIPLE JUMP.....                       | Kayla Campbell.....     | Bottineau.....             | 35'6".....    | 2001        |
| POLE VAULT.....                        | Kelsey Aide.....        | Bottineau.....             | 10'4".....    | 2003        |
| 400 METER RELAY.....                   | Jen Johnson.....        | Surrey.....                | 50.8.....     | 2001        |
|  | Brannigan Coyle         |                            |               |             |
|  | Katie Greene            |                            |               |             |
|  | Christina Kraft         |                            |               |             |
| 800 METER RELAY.....                   | Schwope.....            | Berthold-Carpio.....       | 1:47.6.....   | 1988        |
|  | Rademacher              |                            |               |             |
|  | Graff                   |                            |               |             |
|  | Satterland              |                            |               |             |
| 1600 METER RELAY.....                  | Cassie Hagel.....       | Rugby.....                 | 4:10.7.....   | 1998        |
|  | Jennifer Black          |                            |               |             |
|  | Brandilyn Gronvold      |                            |               |             |
|  | Stephanie Vangsnes      |                            |               |             |
| 3200 METER RELAY.....                  | Adrian Titus.....       | Mohall/Sherwood.....       | 10:05.9.....  | 2000        |
|  | Rachelle Duerre         |                            |               |             |
|  | Lana Bowers             |                            |               |             |
|  | Leah Armstrong          |                            |               |             |