

RUGBY HIGH SCHOOL
GIRLS TRACK & FIELD LETTER & AWARD WINNERS
2004

Seniors

Tina Childress (3)
Kristen Knain (4)
Stephanie Leer (6)
Kellie Pieterick (6)
Rachael Schneibel (3)
Tallie Stebner (3)

Juniors

Jessica Friestad (5)
Jana Gronvold (4)
Leah Lehman (3)
Valerie Moller (5)
Jena Suchor (3)
Shannon Swanson (3)

Sophomores

Nicole Hager (1)
Sarah Halls (1)
Amanda Heilman (2)
Kristen Laib (2)
Kelsey McAtee (4)
Stephanie Skwiera (1)
Kelli Migler - Stat (1)
Katie Schwartz - Stat (1)

Freshmen

Heidi Bird (1)
Nicole Fritel (1)
Kaycee Grochow (1)
Morgan Gronvold (3)
Courtney Jorgenson (2)
Sarah Skipper (3)
Jessica Tuchscherer (3)
Courtney Weiss (2)

8th Graders

Vanessa Friestad (2)
Crystal Schaan (1)
Danielle Wangler (2)
Kirsten Welk (1)
Leah Wentz (2)

7th Graders

Kristine Black (1)
Ashley Salwey (1)

MOST VALUABLE

Valerie Moller, Jessica Friestad

MOST DEDICATED

Kelsey McAtee

MOST IMPROVED

Shannon Swanson

TEAM MOTIVATOR

Valerie Moller

TEAM CAPTAINS

Tallie Stebner
Kellie Pieterick
Stephanie Leer

LEADING SCORER

Stephanie Leer – 146 1/3 points

SCHOOL RECORDS

Pole Vault – Jana Gronvold - 9'3"
Long Jump - Jessica Friestad - 17'5³/₄"
Triple Jump - Vanessa Friestad - 35'6¹/₂"
1600 Meter Relay - 4:06.80
**(Valerie Moller, Sarah Skipper,
Shannon Swanson, Jessica Tuchscherer)**