

Rugby High School Girls Track & Field Results

BISMARCK HIGH SCHOOL/CENTURY HIGH SCHOOL INVITATIONAL

Bismarck, ND – Friday, April 30, 2004

100 Meter Dash

Tallie Stebner – 13.62 – 4th place JV
 Tina Childress – 14.17
 Jessica Friestad – 14.18
 Courtney Weiss – 14.40
 Nicole Fritel – 14.97
 Kristen Laib – 15.60

200 Meter Dash

Valerie Moller – 27.96 – 4th place JV
 Tallie Stebner – 28.40 – 8th place JV
 Courtney Jorgenson – 30.03
 Kristen Laib – 33.83

400 Meter Dash

Tina Childress – 1:11.34 – 8th place JV
 Kristen Laib – 1:20.06

800 Meter Run

Kelsey McAtee – 2:40.57
 Kirsten Welk – 2:45.89
 Sarah Skipper – 2:47.77
 Kellie Pieterick – 2:49.73
 Heidi Bird – 2:58.89

1600 Meter Run

Danielle Wangler – 6:05.80 – 3rd place JV
 Jena Suchor – 6:58.18
 Nicole Hager – 7:00.36

3200 Meter Run

Danielle Wangler – 14:01.06 – 3rd place JV
 Jena Suchor – 15:00.04 – 6th place JV
 Nicole Hager – 16:08.62 – 7th place JV

100 Meter Hurdles

Courtney Jorgenson – 20.43
 Stephanie Leer – False Start

300 Meter Hurdles

Courtney Jorgenson – 1:00.73

Shot Put

Leah Wentz – 34'11" – 2nd place JV
 Amanda Heilman – 29'5"
 Jana Gronvold – 28'8"
 Kristen Knain – 26'3"
 Rachael Schneibel – 24'10"
 Sarah Halls – 17'7"
 Stephanie Skwiera – 16'4"

Discus

Amanda Heilman – 90'8" – 5th place JV
 Leah Wentz – 85'6"
 Kristen Knain – 84'7"
 Rachael Schneibel – 76'0"
 Stephanie Skwiera – 49'8"
 Sarah Halls – 49'7"

Javelin

Jana Gronvold – 100'6"
 Leah Wentz – 90'8" – 3rd place JV
 Sarah Halls – No Mark

Long Jump

Jessica Friestad – 15'7" 1st place JV
 Vanessa Friestad – 14'10³/₄" – 4th place JV
 Leah Lehman – 14'2¹/₂"
 Heidi Bird – 13'7"
 Nicole Fritel – 13'0"
 Courtney Weiss – 11'2"

Triple Jump

Vanessa Friestad – 32'4¹/₂"
 Stephanie Leer – 31'5³/₄"
 Jessica Friestad – 31'4"

High Jump

Stephanie Leer – 4'11" – 6th place Varsity
 Leah Lehman – 4'9" – 4th place JV
 Vanessa Friestad – 4'5"

Pole Vault

Jana Gronvold – 9'0" – 1st place JV
State Qualifier
 Kellie Pieterick – 6'6"

400 Meter Relay

Tallie Stebner(14.15)
 Morgan Gronvold(12.19)
 Valerie Moller(13.34)
 Shannon Swanson(13.04)
 52.80 – **State Qualifier**

Courtney Jorgenson(14.52)
 Nicole Fritel(13.96)
 Courtney Weiss(14.20)
 Tina Childress(13.63)
 56.38 – 7th place JV

800 Meter Relay

Tallie Stebner(28.43)
 Morgan Gronvold(28.54)
 Valerie Moller(27.34)
 Shannon Swanson(27.41)
 1:51.77 – 5th place Varsity

1600 Meter Relay

Valerie Moller(1:02.72)
 Morgan Gronvold(1:04.29)
 Sarah Skipper(1:04.24)
 Shannon Swanson(1:02.52)
 4:13.86 – 5th place Varsity
State Qualifier

3200 Meter Relay

Sarah Skipper(2:50.08)
 Kelsey McAtee(2:48.39)
 Kirsten Welk(2:40.91)
 Kellie Pieterick(2:42.37)
 11:01.82 – 5th place Varsity

Varsity Team Scores

1. Carrington – 88
2. Bismarck Century – 82
3. Bismarck – 77
4. Mandan - 75½
5. Minot – 75
6. Dickinson – 62
7. Grand Forks Red River – 50
8. Beulah – 30
9. Hazen – 29
10. Scranton - 25½
11. Bottineau – 24
12. Harvey – 18
13. New Salem – 16
14. Rugby – 15
15. Williston – 13
15. Steele-Dawson/Wing/Tuttle – 13
15. Wells County – 13
18. Underwood/Turtle Lake-Mercer – 11
19. Richardton-Taylor – 9
20. Bismarck St. Marys – 5
21. New England – 4

Juniors Varsity Team Scores

1. Bismarck Century - 111
2. Rugby – 79
3. Hazen – 74
4. New Salem – 62
5. Bottineau – 53
6. Carrington – 45
6. Bismarck – 45
8. Dickinson – 43
9. Harvey – 42
10. Beulah – 41
11. Wells County – 26
12. Scranton – 18
12. Minot – 18
14. Mandan – 14
15. Williston – 12
16. Richardton-Taylor - 11
17. Bismarck St. Marys – 10
18. New England – 8
19. Mott-Regent – 6
20. Grand Forks Red River – 4
20. Wilton - 4
22. Steele-Dawson/Wing/Tuttle - 3