

Rugby High School Girls Track & Field Results

AL CASSELL RELAYS

Jamestown, ND – Saturday, May 15, 2004

100 Meter Dash

Morgan Gronvold - 13.51
Tallie Stebner - 13.53
Kristen Laib - 15.56

200 Meter Dash

Kristen Laib - 34.07

400 Meter Dash

Morgan Gronvold - 1:06.23 - 8th place
Kristen Laib - 1:21.53

800 Meter Run

Kelsey McAtee - 2:39.03 - 7th place

1600 Meter Run

Sarah Skipper - 5:55.81 - 5th place
Kelsey McAtee - 5:56.16 - 6th place
Kirsten Welk - 6:07.61
Kellie Pieterick - 6:11.61
Danielle Wangler - 6:19.80 - 6th place - JV
Nicole Hager - 7:24.15

3200 Meter Run

Kirsten Welk - 13:02.24 - 5th place
Kellie Pieterick - 13:12.88 - 6th place
Crystal Schaan - 14:48.75 - 4th place - JV
Nicole Hager - 16:01.15 - 5th place - JV

100 Meter Hurdles

Jessica Tuchscherer - 17.12 - 3rd place
Stephanie Leer - 17.13 - 4th place
Courtney Jorgenson - 19.43
6th place - JV
Kristi Black - 20.18
Ashley Salwey - 21.19

300 Meter Hurdles

Ashley Salwey - 54.89
Kristi Black - 55.17
Courtney Jorgenson - 58.75
6th place - JV

Shot Put

Leah Wentz - 36'6" - 2nd place
State Qualifier
Kristen Knain - 26'11" - 6th place - JV
Kaycee Grochow - 26'5" - 8th place - JV
Rachael Schneibel - 25'4"

Discus

Leah Wentz - 93'6" - 3rd place - JV
Kristen Knain - 79'1"
Jana Gronvold - 77'5"
Rachael Schneibel - 66'0"

Javelin

Leah Wentz - 101'4" - 1st place - JV
Jana Gronvold - 94'2" - 3rd place - JV
Kristi Black - 81'9" - 8th place - JV
Kaycee Grochow - 68'11"

Long Jump

Jessica Friestad - 16'3" - 3rd place
State Qualifier

Long Jump (continued)

Vanessa Friestad - 15'5½" - 5th place
Stephanie Leer - 15'1" - 6th place
Leah Lehman - 14'7"
Tina Childress - 14'4¼"
Nicole Fritel - 12'11¾"
Heidi Bird - 12'9¾"
Courtney Weiss - 10'9"

Triple Jump

Vanessa Friestad - 33'6½" - 3rd place
State Qualifier
Jessica Friestad - 32'2¾" - 5th place
Stephanie Leer - 31'1¾" - 8th place
Tina Childress - 28'7½"

High Jump

Stephanie Leer - 4'11" - 3rd place
Vanessa Friestad - 4'7" - 1st place - JV
Leah Lehman - 4'5"
Heidi Bird - 4'3" - 7th place 3 way tie - JV

Pole Vault

Jana Gronvold - 8'6" - 3rd place
Kellie Pieterick - 7'6" - 1st place - JV
Leah Lehman - 7'0" - 2nd place - JV

400 Meter Relay

Tallie Stebner(13.14)
Jessica Tuchscherer(13.36)
Valerie Moller(11.76)
Shannon Swanson(13.61)
52.26 - 1st place - **State Qualifier**

800 Meter Relay

Tallie Stebner(28.03)
Morgan Gronvold(29.18)
Valerie Moller(26.35)
Jessica Tuchscherer(27.41)
1:51.00 - 2nd place - **State Qualifier**

800 Meter Relay

Courtney Weiss(30.68)
Nicole Fritel(33.68)
Courtney Jorgenson(31.11)
Tina Childress(30.69)
2:06.01 - 3rd place - JV

1600 Meter Relay

3200 Meter Relay

Ashley Salwey(2:53.58)
Kristi Black(2:54.71)
Crystal Schaan(2:52.06)
Danielle Wangler(2:52.53)
11:32.90 - 2nd place - JV

VARSITY TEAM SCORES

1. Jamestown - 109
2. Rugby - 90
3. Velva/Sawyer/Drake - 70
4. Benson County - 65
5. Griggs County Central - 64
6. Valley City - 59
7. Steele-Dawson/Wing/Tuttle - 38
8. New Salem - 37
9. Bismarck St. Marys - 35
10. Lisbon - 33
11. Ellendale - 23
12. Edgeley/Kulm - 21
13. Belcourt - 19
14. Hope-Page - 18
15. Lamoure/Litchville-Marion - 16
16. Milnor/Wyndmere - 13
17. Maple Valley/Enderlin - 8
18. Napoleon - 5

JUNIOR VARSITY TEAM SCORES

1. Jamestown - 106
2. Rugby - 91
3. Barnes County North - 51
4. Griggs County Central - 50
5. Steele-Dawson/Wing/Tuttle - 48
6. Valley City - 45
7. Wilton - 38
8. Wishek - 33
8. Napoleon - 33
10. Wells County - 31
10. Strasburg - 31
12. New Salem - 25
13. Bismarck St. Marys - 20
13. Edgeley/Kulm - 20
15. Benson County - 15
16. Medina - 14
17. Hope-Page - 13
18. Lamoure/Litchville-Marion - 11
19. Belcourt - 10
20. Lisbon - 9
21. Tappen - 6
22. Ellendale - 4