

**NORTH DAKOTA CLASS "B" REGION VI
BOYS MEET RECORDS**

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH	Casey Meadows	Des Lacs-Burlington/Berthold.....	10.46	2004
200 METER DASH	Justin Schiele	Rugby.....	21.69	1999
400 METER DASH	Jared Essler	Minot Ryan	48.98	1999
800 METER RUN	Blake Bowers	Mohall/Sherwood	2:00.84	2004
1600 METER RUN	John Elkins.....	Riverdale	4:31.17	1988
3200 METER RUN	John Elkins.....	Riverdale	9:58.92	1989
110 METER HURDLES	Dave Limke.....	Minot Ryan	14.51	1998
300 METER HURDLES	Jared Essler	Minot Ryan	39.14	2000
SHOT PUT	Chad Brown	Des Lacs-Burlington/Berthold.....	53'2"	1995
	David Schneibel	Rugby	1991
DISCUS	Shane Duchscher.....	Rugby.....	153'2"	2001
JAVELIN (Rubber Tipped-New Rules).....	John Tuchscherer	Rugby.....	160'4"	2004
HIGH JUMP	Len Brabrandt	Underwood	6'6"	1993
LONG JUMP	Joshua Schultz.....	Upham	21'7½"	1994
TRIPLE JUMP.....	Jason Freuh	Rugby.....	45'6¾"	1998
POLE VAULT	Tom Heilman	Rugby.....	15'0"	1998
400 METER RELAY	Dockter.....	Minot Ryan	43.94	1998
	Limke			
	Bryans			
	Essler			
800 METER RELAY	Wittmeyer	Minot Ryan	1:31.20	1998
	Bryans			
	Essler			
	Dockter			
1600 METER RELAY	Koenig.....	Underwood	3:31.27	1987
	Wiesenburger			
	Karlson			
	Auck			
3200 METER RELAY	Rodin.....	Kenmare.....	8:28.74	1988
	Neygaard			
	Alba			
	Fartch			