

CENTRAL NORTH DAKOTA CONFERENCE INDOOR MEET RECORDS

Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
55 METER DASH	Dennis Britton.....	Mohall/Sherwood.....	6.46	2002
200 METER DASH	Scott Frueh.....	Rugby.....	23.61	1993
400 METER DASH	Tim Birkeland	New Rockford	51.59	1986
800 METER RUN.....	Ross Schilling.....	Harvey	2:03.87	2004
1600 METER RUN.....	Justin Marsette.....	Fort Berthold	4:41.02	2002
3200 METER RUN.....	Danny Heckaman.....	New Rockford	10:41.16	1992
55 METER HURDLES	Nick Raugust.....	Harvey	7.84	1999
	Tim Leier	Leeds/Maddock	7.84	2003
SHOT PUT.....	Chad Brown	Des Lacs-Burlington/Berthold/Carpio	54'4"	1995
HIGH JUMP	Stevie Keller	Harvey	6'4"	1994
LONG JUMP	Stephen Schilling	Mohall.....	22'5"	1995
TRIPLE JUMP.....	Tim Leier	Leeds/Maddock	43'0"	2003
POLE VAULT	Mike Johnson	Mohall.....	13'7"	1993
4 x 1 LAP RELAY.....		Des Lacs-Burlington	1:18.80	1986
1600 METER RELAY.....		Fessenden.....	3:42.20	1985
3200 METER RELAY.....		Fessenden.....	9:03.60	1985

RETIRED MEET RECORDS

Boys

60 METER DASH	Tim Birkeland	New Rockford	7.01	1986
300 METER DASH	Tony Kemmet.....	Turtle Lake-Mercer	38.94	1987
1500 METER RUN.....	Vance Tomlimson	Turtle Lake-Mercer	4:25.30	1984
3000 METER RUN.....	Vance Tomlimson	Turtle Lake-Mercer	9:08.60	1984
60 METER HURDLES	Nathan Harms	Harvey	8.50	1993