

RUGBY CROSS COUNTRY RESULTS

Class "B" East Region, Saturday, October 15, 10:30 a.m.
Site - Cooperstown Country Club - Cooperstown, ND

Varsity Girls (4000 Meters)

Kirsten Welk - 3rd place - 15:47 - **All-Region**
Chelsea Halvorson - 8th place - 16:10 - **All-Region**
Danielle Wangler - 16th place - 16:58 - **All-Region**
Kelsey McAtee - 18th place - 17:17 - **All-Region**
Crystal Hovland - 19th place - 17:19 - **All-Region**
Mariya Bernhardt - 33rd place - 18:11
Kristi Black - 40th place - 18:36

Vanessa Friestad - 42nd place - 18:50
Nicole Hager - 44th place - 18:54
Shelby Deckert - 46th place - 19:03
Joclyn Seiler - 54th place - 19:53
Stephanie Friestad - 60th place - 20:35
Mandy Stout - 70th place - 21:20

Team Results: **1. Rugby - 64**, 2. Griggs County Central - 84, 3. Langdon - 89, 4. Grafton - 104, 5. Carrington - 124, 6. Larimore - 176, 7. Bottineau - 224, 8. Cavalier - 243, 9. Central Cass - 264, 10. Lisbon - 287, 11. Hatton/Northwood/Thompson - 333, 12. Four Winds/Warwick - 342, 13. Leeds/Maddock - 351

Individual Winner: Lindsay Anderson - Leeds/Maddock - 14:05

Region Nominees for State Outstanding Senior of the Year Award: Maggie Schopp - Cavalier
Steph Granlund - Langdon
Sarah Opdahl - Larimore

Region Coach of the Year: Rick Anderson - Griggs County Central

Varsity Boys (5000 Meters)

Dylan Yoder - 4th place - 17:33 - **All-Region**
Matthew Wangler - 18th place - 18:46 - **All-Region**
Jeremy Johnston - 29th place - 19:27
Ethan St. Michel - 33rd place - 19:34
Chad Haugen - 35th place - 19:43
Dustin Jundt - 48th place - 20:30
Tyler Haugen - 49th place - 20:35

Aaron Teigen - 51st place - 20:48
Mike Ostrem - 55th place - 21:06
Ryan Wissink - 58th place - 21:24
Caleb Cooper - 67th place - 22:07
Ben Iversen - 71st place - 22:22
Eric Kuntz - 74th place - 22:35
Jeshua Buckmeier - 85th place - 23:56

Team Results: 1. Bottineau - 58, 2. Griggs Country Central - 75, **3. Rugby - 119**, 4. Langdon - 122, 5. Hatton/Northwood/Thompson - 162, 6. Central Cass - 172, 7. Cavalier - 202, 8. Grafton - 241, 9. Lisbon - 259, 10. New Rockford/Sheyenne - 293, 11. Mayville-Portland-Clifford-Galesburg - 380, 12. Carrington - 417, 13. Four Winds/Warwick - 431, 14. Medina - 443, 15. Larimore - 459

Individual Winner: Patrick Askew - Cavalier - 17:21

Region Nominees for State Outstanding Senior of the Year Award: Calvin Kraft - Central Cass
Ryan Hoverson - Griggs Country Central
Chad Haugen - Rugby

Region Coach of the Year: Connie Blatherwick - Bottineau