

2004 PANTHER CROSS COUNTRY

The 2004 cross country season saw an increase of 2 in the total number of participants, with both the boys and girls fielding full teams. Twenty-three athletes in grades 7-12 participated. The breakdown was 11 girls (increase of 1 from 2003) and 12 boys (increase of 1 from 2003). There was 1 senior girl (Jena Suchor) and 1 senior boy (Jimmy Degenstein).

The teams participated in 14 meets. The varsity girls finished in the top five as a team 7 times. They were 5th at Region and 10th at State. The varsity boys finished in the top five as a team 6 times. They were 4th at Region and 10th at State.

The girls placed two runners on the All-Region team (Chelsea Halvorson - 10th - 1st year, Danielle Wangler - 12th - 1st year). The boys had three All-Region runners (Chad Haugen - 13th - 2nd year, Dylan Yoder - 14th - 1st year, Matthew Wangler - 15th - 2nd year) and one runner on the All-State team (Dylan Yoder - 17th - 1st year).

An elementary race was run at the 11th Annual Rugby Booster Invitational for the 6th straight year. 12 girls and 16 boys from Rugby participated in the elementary race of 1600 meters which was open to all the schools that attended the meet. A total of 26 girls and 25 boys ran in the races. Jenna Fossum was the top Rugby elementary girl finishing in 12th place. Kyle Halvorson was the top Rugby elementary boy finishing in 3rd place.

Coach *Bill Jansen*

AWARDS

	Girls	Boys
Most Valuable	Danielle Wangler (Freshman).....	Chad Haugen (Junior)
Most Dedicated	Sarah Skipper (Sophomore)..... Nicole Hager (Junior)	Chad Haugen (Junior)
Most Improved	Shelby Deckert (8th Grade).....	Jeremy Johnston (8th Grade) Dylan Yoder (7th Grade)

LETTER WINNERS

Girls	Boys
Jena Suchor - Senior (2 years)	James Degenstein - Senior (3 years)
Nicole Hager - Junior (1 year)	Gary Brossart - Junior (3 years)
Jaime Schiff - Sophomore (2 years)	Chad Haugen - Junior (4 years)
Sarah Skipper - Sophomore (4 years)	Ben Iversen - Junior (1 year)
Danielle Wangler - Freshman (3 years)	Ethan St. Michel - Junior (2 years)
Kristi Black - 8th Grade (2 years)	Matthew Wangler - Junior (4 years)
Shelby Deckert - 8th Grade (2 years)	Tyler Haugen - Freshman (2 years)
Joclyn Seiler - 8th Grade (2 years)	Caleb Cooper - 8th Grade (1 year)
Emerald Collins - 7th Grade (1 year)	Jeremy Johnston - 8th Grade (1 year)
Chelsea Halvorson - 7th Grade (1 year)	Aaron Teigen - 7th Grade (1 year)
Paige Haman - 7th Grade (1 year)	Dylan Yoder - 7th Grade (1 year)

Non-Lettering Boys Participant - Jesse Skipper - 7th Grade